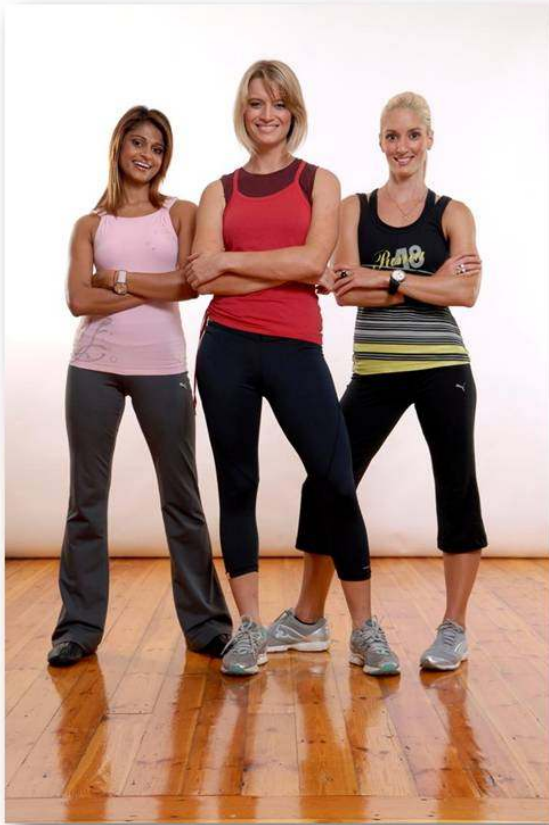


Meet the Ready Set Go team...



Kanchana Moodliar (left)

Kanchana Moodliar, or Kanch as she is affectionately known, is a strategic marketer and owner of a high fashion corporate clothing business. She is a yoga teacher whose dream is to show others how to lead a stress free, content life that embraces both sides. Kanch believes in going with the flow and everything happens for a reason.

Tamryn Taylor (middle)

Tamryn Taylor, is the resident adrenalin junkie, is an accomplished mountain biker and adventure sport racer whose recent achievements include being the KZN MTB super classic champion for 2009, completing the 600km Bull of Africa adventure race as navigator for the only female South African team and a top 10 finish in the Sani 2

C mountain bike race. Tamryn studied journalism and has previous acting and TV experience at the Grahamstown Festival and was a guest presenter on SABC's Going Nowhere Slowly.

Lisa Raleigh (right)

Lisa Raleigh, best known as the trainer on THE BIGGEST LOSER South Africa and is the reason for Darren Scott's recent life transformation, is passionate about educating and motivating people to achieve their full potential in all areas of their lives. She has a real zest for life and thrives on positive vibes.